Babes in the Woods: Hiking, Camping & Boating with Babies & Young Children by Jennifer Aist

Food Gear

The following list is a general guide to get you started packing kitchen gear for your next adventure. Keeping a list like this handy will help you pack faster each time you go out. Less time packing means more time on the trail. You may find it helpful to highlight the items you usually bring along. Happy trails and happy chow time!

C=camping B=base camping, BP=backpacking, K=kayaking, R=rafting, S=Sailing, D=Day trip

| COOKING EQUIPMENT | С | В | ВР | K | R | S | D |
|---|---|---|----|---|---|---|---|
| pot holder | х | х | х | х | х | х | х |
| backpacking stove and fuel | х | х | х | х | х | х | х |
| Coleman 2 burner and fuel | х | х | | | х | х | |
| firewood/kindling | х | х | | | | | |
| fire starter | х | х | х | х | х | | |
| cooking forks for marshmallows/hot dogs | х | х | | | х | х | х |
| large stirring spoon | х | х | | | х | х | |
| tongs | х | х | | | х | х | |
| large cutting knife | х | х | | | х | х | |
| large 2 qt. pot | х | х | | | х | | |
| 1 liter pot | х | х | х | х | х | х | |
| 1/2 liter pot | х | х | х | х | х | х | х |
| cutting mat | х | х | х | х | Х | х | х |

| COOKING EQUIPMENT | С | В | ВР | K | R | S | D |
|---|---|---|----|---|---|---|---|
| folding knife | х | х | х | х | х | х | x |
| large serving bowl | х | х | | | | х | |
| mixing bowl | х | х | | | | х | |
| folding table | х | х | | | х | | |
| cooler and ice | х | х | | | х | х | |
| 5 gallon water jug | х | х | | | х | | |
| water purifier | х | х | х | х | х | х | х |
| water filter | х | х | х | х | х | х | х |
| lighter, matches, flint stick | х | х | х | х | х | х | х |
| gallon size Ziplocs | х | х | х | х | х | х | х |
| sandwich size Ziplocs | х | х | | | х | х | х |
| large trash bags | х | х | | | | х | |
| paper towels | х | х | | | | х | |
| dish soap | х | х | х | х | х | х | |
| bin / bucket for washing dishes | х | х | | | х | х | |
| table cloth and clips to hold it in place | х | х | | | | | |
| mugs for hot drinks | х | х | х | х | х | х | х |
| sippy cups | х | х | х | х | х | х | x |

| COOKING EQUIPMENT | С | В | ВР | K | R | S | D |
|---|---|---|----|---|---|---|---|
| thermos 2 L or 1 L | х | х | | х | х | х | х |
| stainless steel or other non BPA water bottle | х | х | х | х | х | х | х |
| water bladder | x | х | х | х | х | х | х |
| sponge, dish scrubber | х | х | | х | х | х | |
| spoon, forks | х | х | х | х | х | х | х |
| spatula | х | х | | | х | х | |
| coffee press | х | х | х | х | х | х | |
| fry pan | x | х | | | х | х | |
| flat pan for pancakes | x | х | | | х | х | |
| dutch oven | х | х | | | | | |
| outback baker | х | х | х | х | х | х | х |
| aluminum foil | х | х | | х | х | х | |
| egg container/banana case | х | х | | х | х | х | |
| can opener | х | х | | х | х | х | |
| bottle opener | х | х | | х | х | х | |
| apple cutter | х | х | | | | | |
| clamp on highchair | х | х | | | | х | |
| shade tarp | х | х | | х | х | | |

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|---|---|---|----|---|---|---|---|
| screen tent large enough to cover picnic table | х | х | | | | | |
| screen tent to eat in (pitch light for backpacking) | х | х | х | х | х | | х |
| camp chairs | х | х | | | х | | |
| bibs | х | х | х | х | х | х | х |
| handi wipes for hand cleaning | х | х | х | х | х | х | х |
| purell for hand sanitizing | х | х | х | х | х | х | х |
| bucket for hand washing | х | х | | | | | |
| plates | х | х | | | х | х | |
| bowls | х | х | х | х | х | х | |
| baby bottles/nipples/caps bottle brush | х | х | х | х | х | х | х |
| hand crank baby food grinder | х | х | | | х | х | |
| baby spoon | х | х | х | х | х | х | х |
| paper plates/bowls | х | х | | | | | |